**NORTH LONDON SINFONIA**

**REHEARSAL ARRANGEMENTS UNDER COVID-19**

Before coming

* If you have Covid-19 symptoms, you have tested positive or you are required to isolate or quarantine for any other reason, you must not attend the rehearsal
* Only come to the rehearsal if Lisa is expecting you – we are limited on numbers
* Think about your journey – do not share a car with people outside your household and try to avoid crowded public transport
* Remember to bring your own music stand and any other equipment you need

Arrival

* Rehearsals start at 8pm, please arrive by 7.45pm to enter the church
* There is a QR code at Trinity Church for the NHS Covid-19 app, please check in if possible
* You must wear a face covering when entering the building
* Enter through the **main front church doors** – not the doors from the car park
* Use the hand sanitiser provided

In the church

* Take your seat as soon as possible. As far as possible, seats will have been placed appropriately for you
* Stay in the main church area or the front lobby/toilets. Do not use other areas.
* Only one person is allowed in the toilet at any time. Please queue outside when it is occupied, maintaining social distancing.
* Wear a face covering when not playing, and keep it on when playing if you can
* Keep to 2m social distancing from anyone not in your household. Stay in your place as much as possible
* Do not touch other people’s equipment or music
* Brass players please catch any condensation from your instrument in a suitable container or cloth; do not let it fall on the floor

After rehearsal

* Leave the church clean and tidy but do not put away the chairs. The church will clean them before stacking
* Please leave quickly whilst remaining socially distanced and do not stay talking inside or outside the church
* Lisa will keep an attendance register. If anyone at a rehearsal tests positive for Covid-19 in the following days we will advise Trinity Church and you may be told to self-isolate by NHS Test and Trace
* Tell Lisa if you are unable to come to a future rehearsal, so that we can invite others up to the 30 person limit

These necessary arrangements should not stop us from enjoying the opportunity once again to rehearse and learn music as an orchestra.